

# lyra

A smarter approach to  
mental health

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# Difficult to access mental health care at every turn

**50% of providers  
are not in  
network**

**75% of in-  
network  
providers are  
unavailable**

**Most patients  
do not get  
enough care**

**80% of therapies  
are unproven**



Lyra is transforming mental health care by using data and technology to create a frictionless experience for members, providers, and employers.

**More  
engagement**

14% of employees  
engage in year 1

**Faster  
access**

1st appointments  
within a week

**Better  
outcomes**

80% see reliable  
clinical improvement  
or recover

# The right care for every member at their fingertips



Seamless, tech-enabled member experience with instant access



High-performance network delivering evidence-based care



Real data on usage, time-to-care, symptom improvement



“Every company could benefit from having Lyra. Many EAP programs aren’t comprehensive enough, but Lyra’s approach actually helps people get better.”

Amanda McComb, Benefits, Amgen

#### BEFORE: Uncertain quality

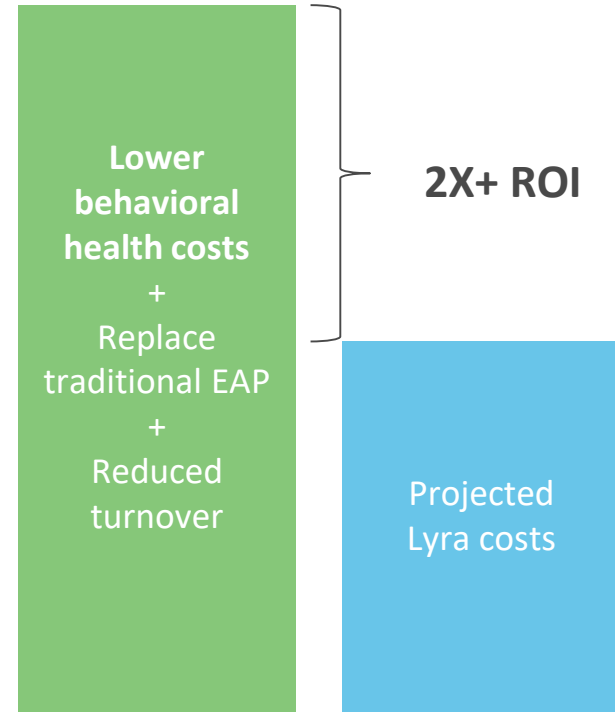
- Little visibility into quality and impact of current mental health care
- One-size-fits all solutions poor fit for employee needs

#### AFTER: Better outcomes, real ROI

- 98% of members instantly matched with verified available providers
- 82% of members using Lyra recovered
- Employees who used Lyra were 40% LESS LIKELY to leave their jobs than non-Lyra users

# Real returns from more employees accessing mental health

- Utilization-based model with 90% of fees based on usage, access, and clinical outcomes
- Lower health plan costs and replaces traditional EAP
- Increases in productivity and employee retention



ONWARD TOGETHER WITH  **onduo**

Dr. Josh Riff, CEO  
November 2019

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The problem is **not** diabetes.  
It's the diabetes program.



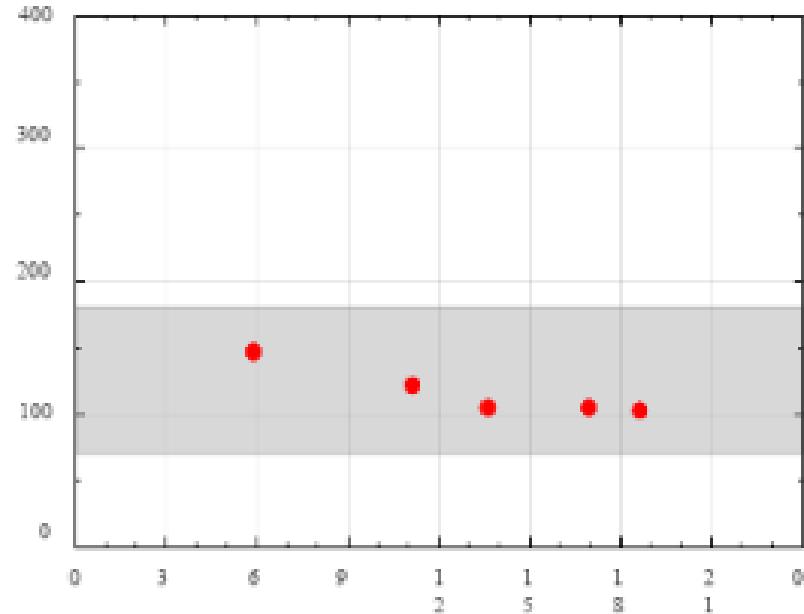


Too many still feel alone

# One-size-fits all doesn't work



# Old-school technology is...old



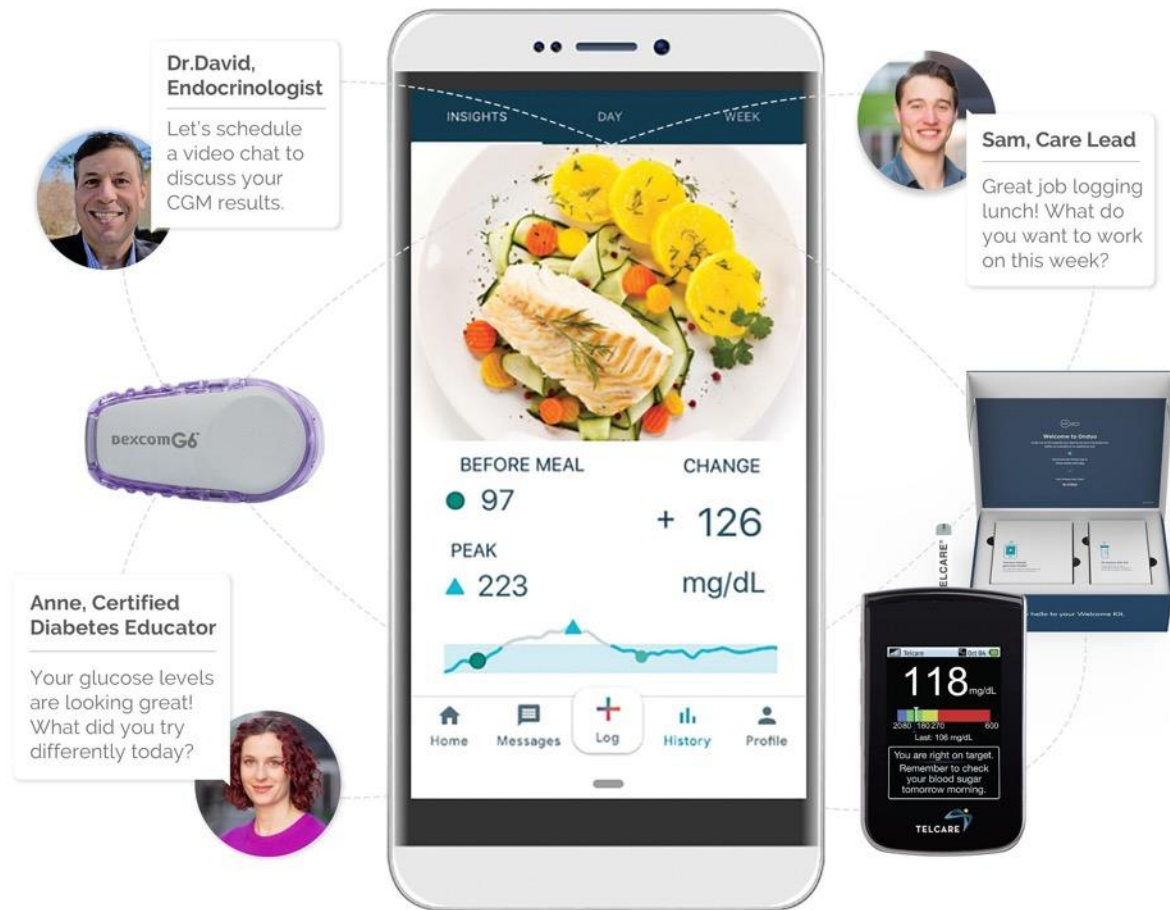
When we stop treating diabetes  
through a pinhole...



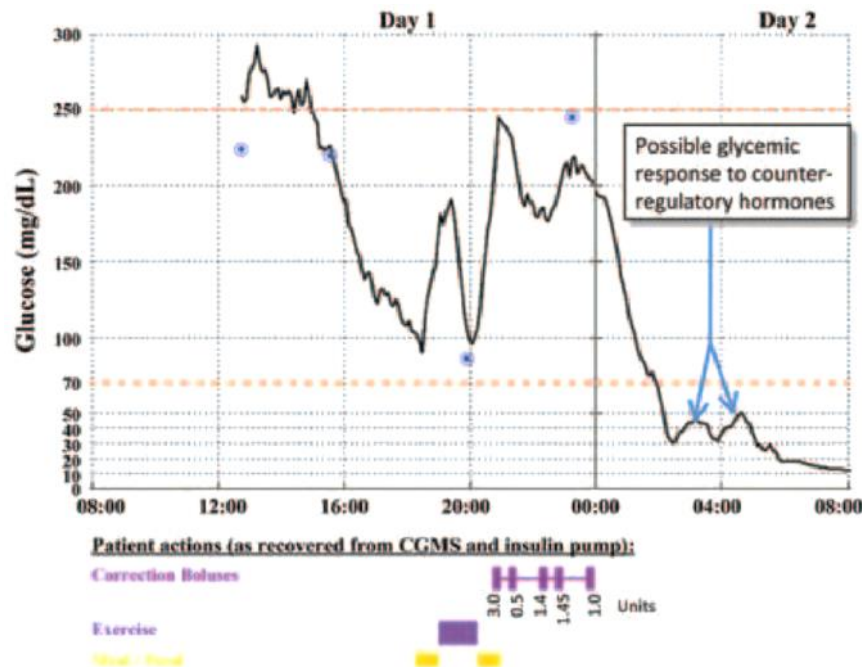




# Let's bring diabetes into the future



# We're making a bet on glucose sensing technology



# 20% need telemedicine and med optimization



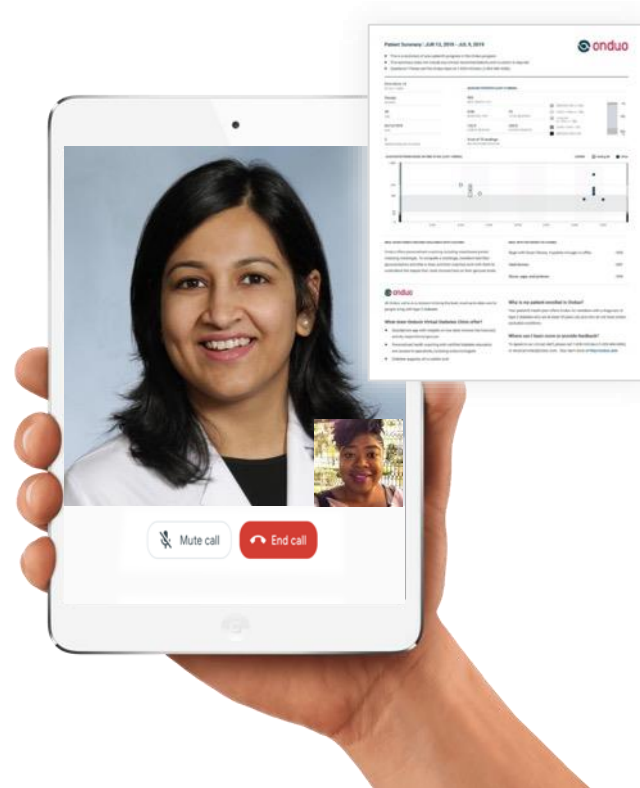
**Diabetes Prevalence**

■ Patients

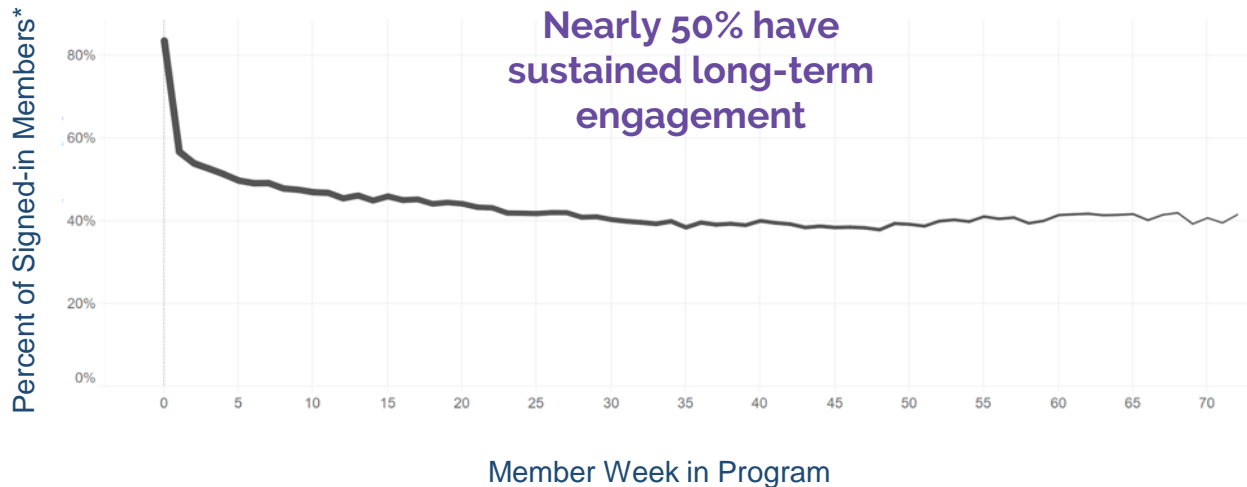
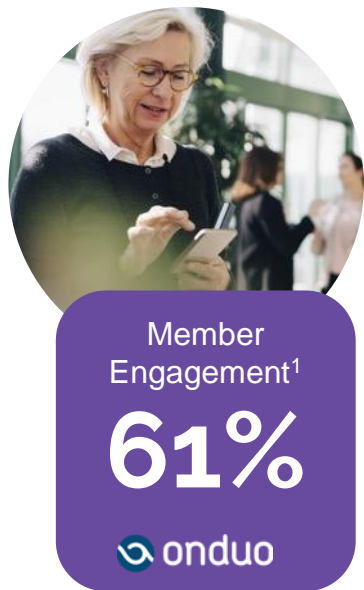


**Specialty Care**

■ Endocrinologists

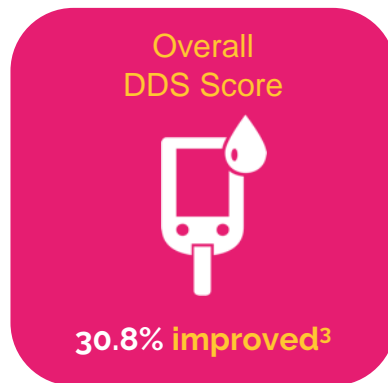
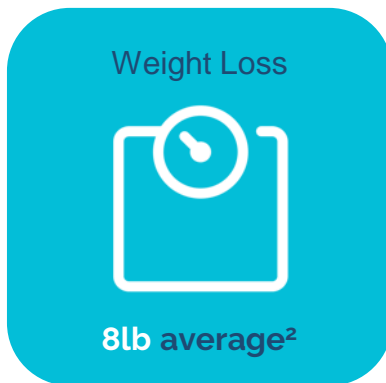


# Members will engage...



1 Average engagement of members who signed-in on the Onduo app Jan. 2019 - Aug. 2019

# ...and can take actions to get healthier



<sup>1</sup> Of those members who tracked/reported defined as change from first month to last month reported

<sup>2</sup> Self-reported data; of those members who tracked/reported

<sup>3</sup> % of members improved based on baseline survey responses and subsequent follow-up survey

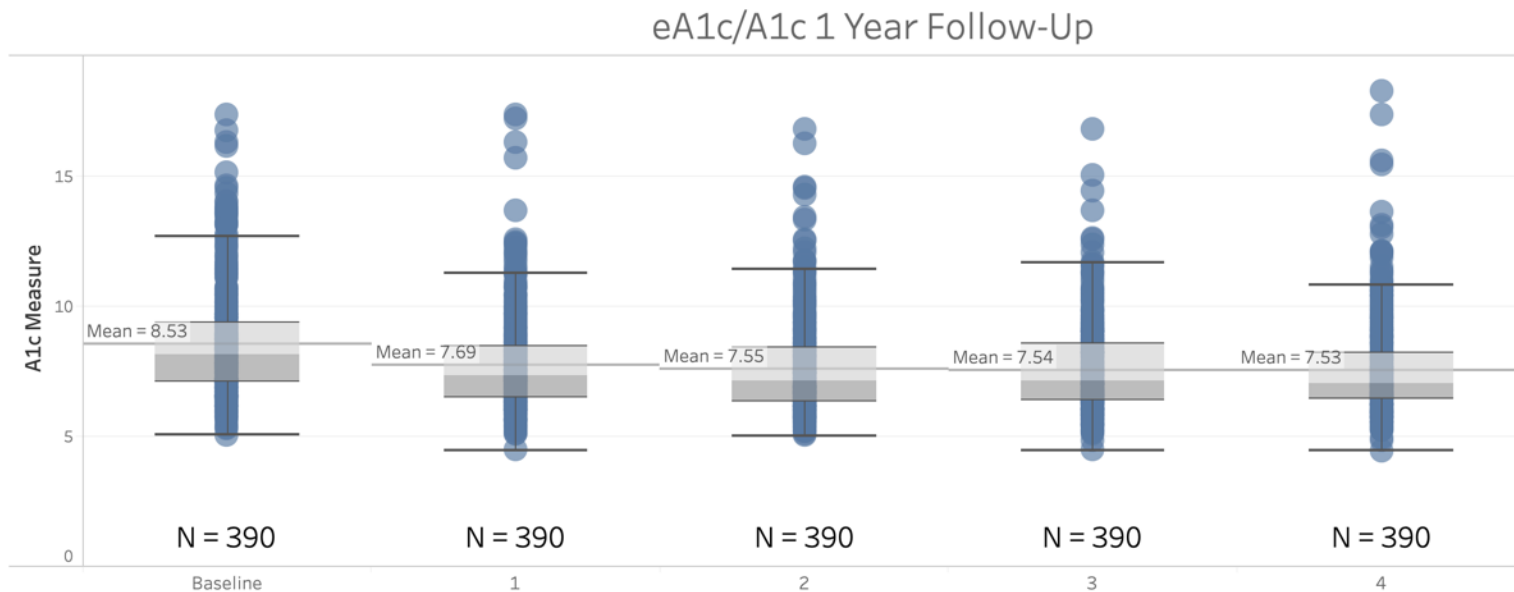


# It's time to see sustainable outcomes

Change in HbA1c percent	Baseline A1c By Grouping	Avg Decreased A1c Outcomes <sup>1</sup>	Percent Improved <sup>1</sup>
	A1c < 7	<b>.4</b> (n=120)	51.72%
	A1c 7-7.99	<b>.8</b> (n=153)	78.46%
	A1c 8-8.99	<b>1.4</b> (n=111)	85.38%
	A1c > 9	<b>3.3</b> (n=125)	93.98%

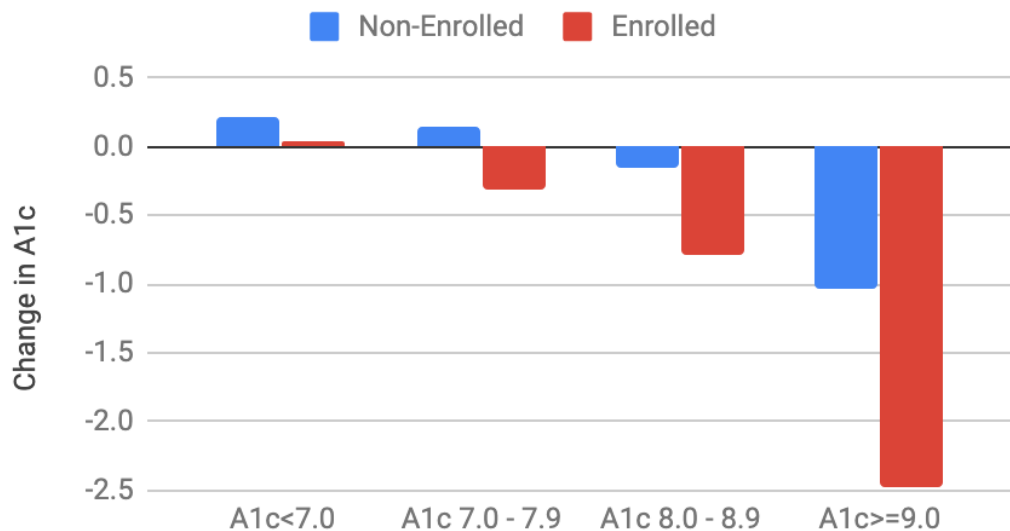
# It's time to see measurable outcomes

Initial A1C results and maintenance over time



# Onduo participants vs. non-participants

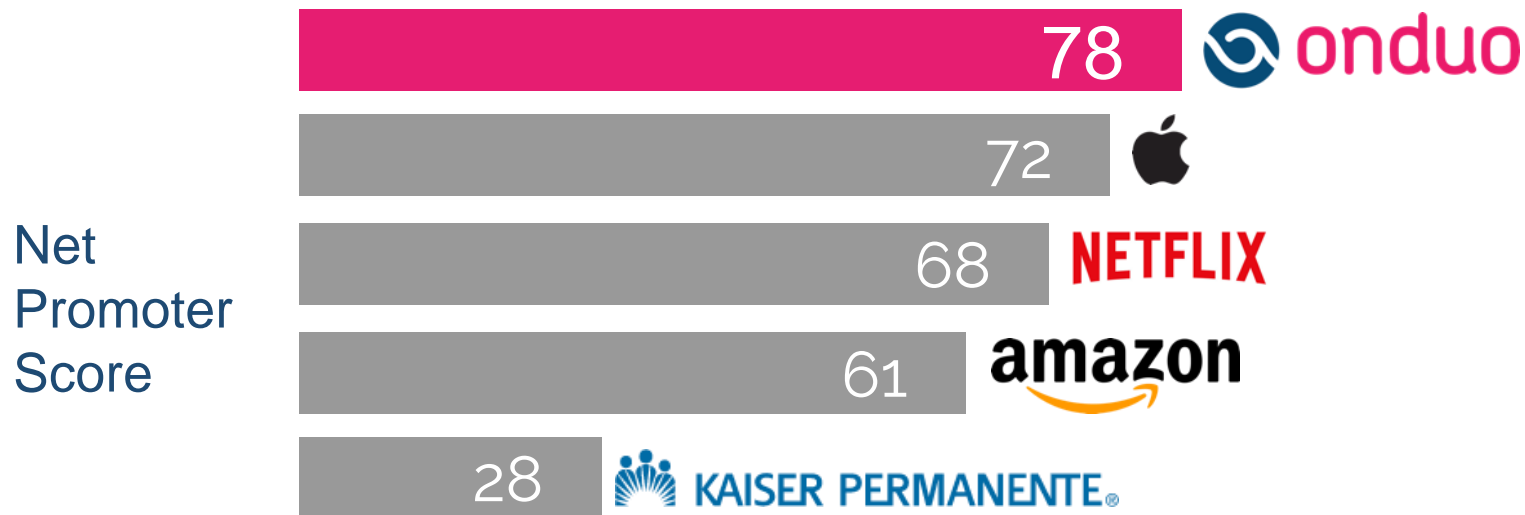
Onduo Program Non-Enrolled and Enrolled



n=6,543



# It's about creating love and trust



# We got you. You got this.



“When I was told that I had diabetes, I was **in denial**. I didn’t feel that I had to do anything except lose some weight and cut down on refined sugar, potatoes, and rice. With the help of the Onduo, I’ve come to understand and **accept my condition**. I now feel I am prepared to better manage my diet and activities to remain relatively healthy. I have even tried to help others in situations much like mine.”

# Thank You

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