

2020 Annual Forum

Innovator Showcase Monday, November 9, 2020 | 12:00 PM - 12:30 PM ET



Stephanie Tilenius CEO & Founder Vida Health



Carolyn Chew Employer Partnerships GRAIL



Yusuf Sherwani, MD CEO, Co-Founder Quit Genius



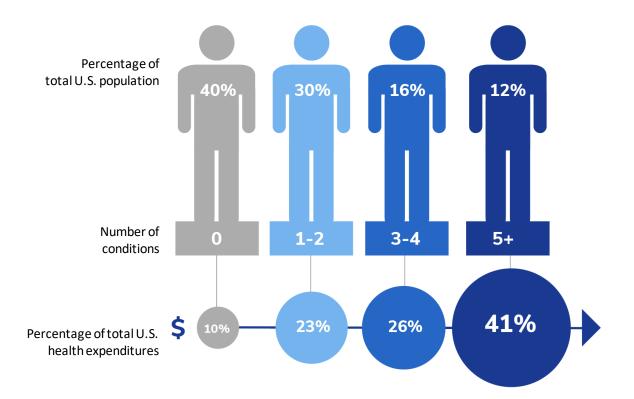
wida

Leader in Polychronic Virtual Care





Chronic conditions drive 90% of U.S. healthcare spending



The United States spends **90%** of its \$3.5T annual healthcare costs on the **147 million** people living with chronic conditions

The more chronic conditions a person has, the more expensive their care.







Polychronic by Design





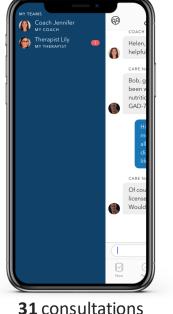
Judy (40 y/o, employed at F500 customer)



Physical

- Mild anxiety
- Moderate depression
- Obesity •
- Diabetes





98 messages

70 lessons completed 36 content cards read

Today's Habit

my blood sugar

Before lunch, I will check

1-2 hours after

sugar

+ 1/3

will re-check my



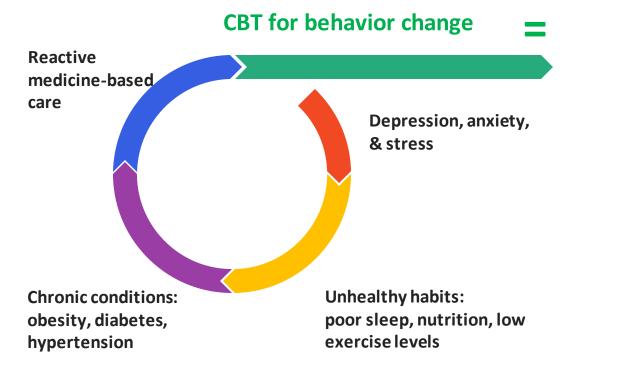
1891 synced metrics 102 metrics logged **109** food logs 7 thought trackers

Reduced depression by 92% in 13 weeks, body weight by 2% in 3 months and A1C by 15% (1.1 points) in 3 months

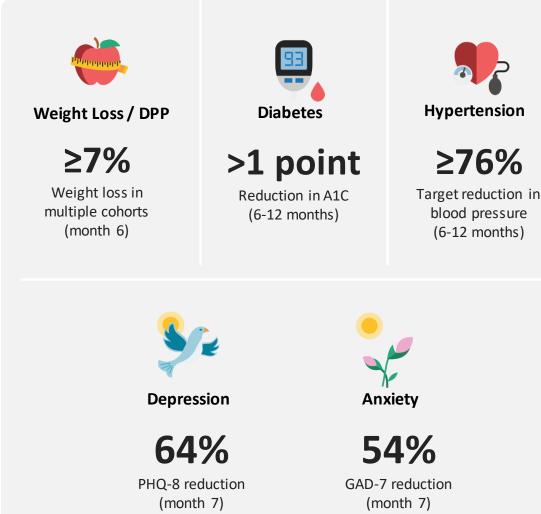




Vida treats underlying behaviors to produce best-in-class clinical outcomes across programs









Vida covers the whole spectrum of chronic physical health

Cost complexity





	Overweight BMI 25+	Pre-Diabetes 5.6-6.5% A1C	Diabetes and Co-Occurring Chronic Conditions	
Severity			6.5–7.5% A1C	>7.5 A1C
			Metformin	Oral Meds, Insulin
Digital Therapeutic Program	\checkmark			\checkmark
Scale				
Glucometer & Strips or CGM				
Coach				
Registered Dietician				
Medical Nutrition Therapy				
Pharmacist connects to PCP				

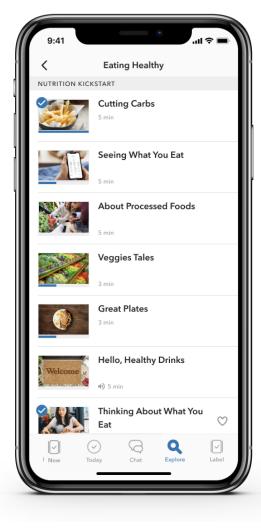


Educate

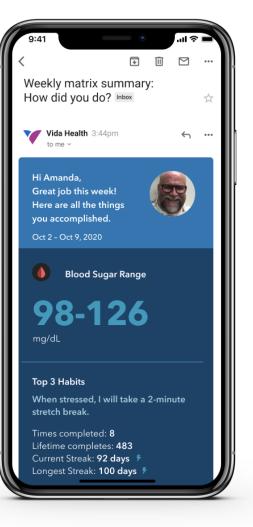
Motivate

Empower

National Alliance of Healthcare Purchaser Coalitions Driving Innovation, Health and Value





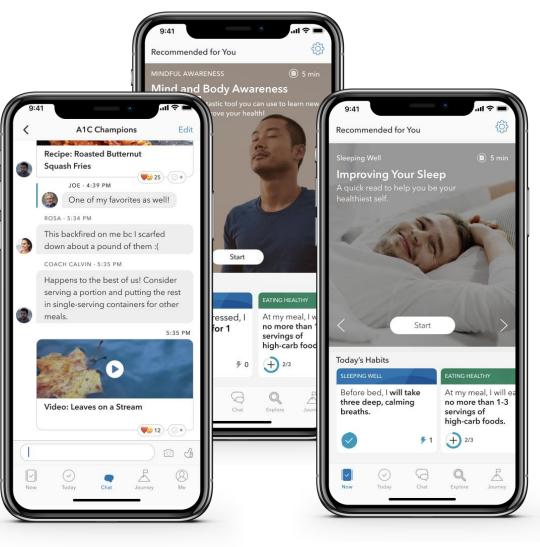






Engage

- Customized home driven by machine learning
- Group chats for social support geared around goals
- Content prompts teach skills to manage multiple health factors





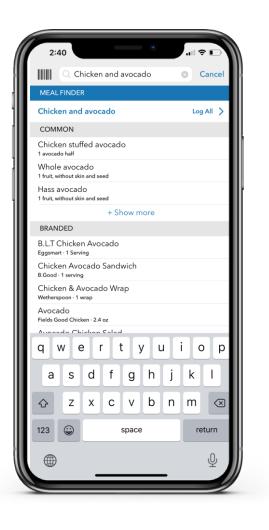


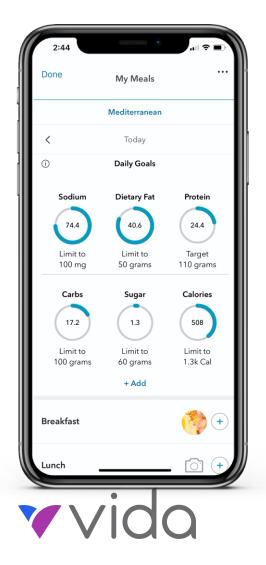


Track

- Log meals by photos, barcode scans, search, and frequently-logged meals
- Search food database with macronutrient of ~1 million common and branded foods
- Track weight, calories, exercise, nutrients (carbs, protein, fat, sugar, sodium, fiber, etc.) and more
- Add up to 40 other metric trackers, depending on the member's co-occurring conditions and goals





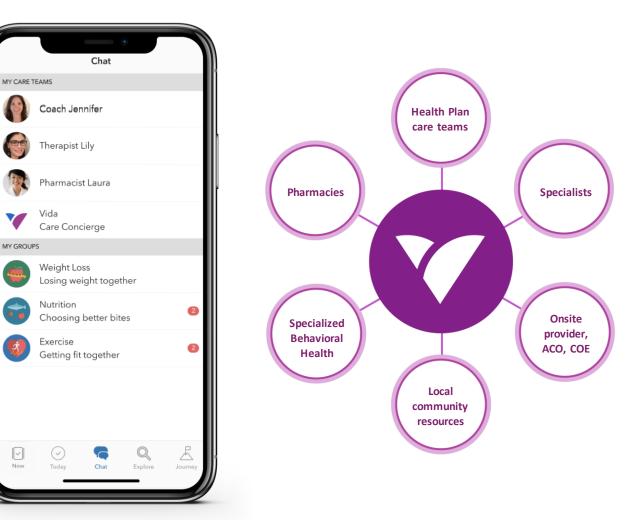




Champion

- Navigation & referrals to outside providers + community resources
- Pharmacists connect with PCP/Endo about medication changes
- Vida integrates into care ecosystems and shares data







Vida has scaled a nationwide, multi-specialty provider network that enables individualized <u>and</u> integrated care

Lily +1 (123) 45 lily@vida.cc







50-state provider network

- Registered dietitians
- Certified Diabetes Educators
- Care navigators
- Licensed pharmacists
- All providers trained in behavior-change techniques
- Licensed therapists

Multiple specialties

- Weight loss
- Diabetes management
- Polychronic
- Depression & Anxiety
- Stress Management
- Mindfulness/Resilience
- Life Transitions

Tech-enabled Clinical Operations

- Over 1000+ providers
- Platform enables delivery of integrated care





Vida covers the whole spectrum of mental health >4x ROI Cost complexity **Subclinical** Mild Moderate to Severe PHQ, GAD < 5PHQ, GAD 5-10 PHQ, GAD > 10Severe Anxiety & Trauma, Insomnia, Depression, Stress, Resilience, Social Anxiety, **Severity** Bipolar, SUD, Mild Anxiety & Moderate Anxiety Sleep, TC Grief, PTSD, Depression & Depression Alcohol, Abuse ADHD, Divorce **Digital Therapeutic Program** $(\checkmark$ Coach with text, audio, video $\overline{\checkmark}$ \bigtriangledown \bigtriangledown \checkmark Video Session in 1-4 days \checkmark (\checkmark) (\checkmark) Therapist with text, audio, video Prescribing

Jeff reduced HbA1c, lost weight, and reduced depression

Chronic

- Diabetes
- Obesity

Primary Focus



Mental

• Depression



- 57-year-old male coded for diabetes, obesity, and depression
- Enrolled in Vida's diabetes+ April 2020
- HbA1c of 9.9 from February 2020 at program start*

33 consults completed711 messages sent61 lessons and tools read

10,921 metrics logged565 manual metrics logged1081 meals logged

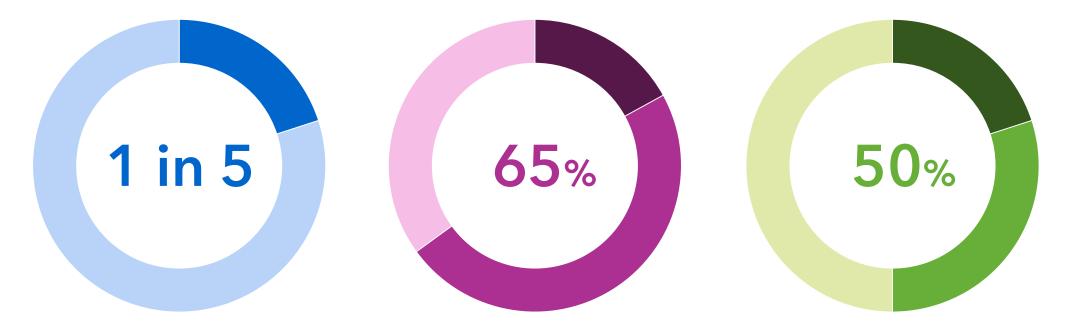


Results

3 point reduction HbA1c (now 6.9*) and depression scores reduced 50% after 8 weeks with Vida (June 2020). **10 lbs** weight loss (3.5%) after 5 months with Vida (September 2020).



Many mental health issues go unrecognized



adults reported having a diagnosed mental health condition before COVID-19

of eligible members screened positive for depression, compared to 17% in client eligibility files of eligible members screened positive for anxiety, compared to 20% in client eligibility files

"American Psychological Association. Stress in America: Coping with Change, Part 1. Washington, DC: American Psychological As sociation; 2017.
Vida Employer Book of Business Outcomes by Program, April 2020





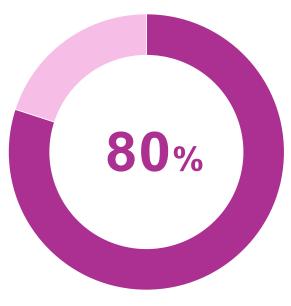
More people and organizations see the need for mental healthcare and demand ways to address it

3 in 4

Americans now believe mental health is as important as physical health¹

"America's Mental Health 2018." Cohen Veterans Network, October 2018
"2020 COVID-19 Benefits Survey." Willis Towers Watson, May 2020



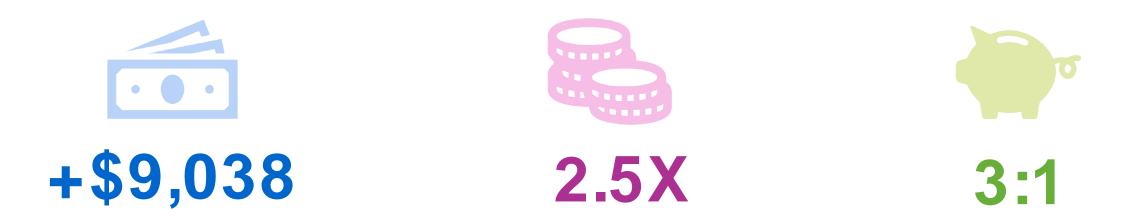


2 in 3

of employers plan to offer or expand access to virtual mental health services² employers plan to prioritize access to quality mental health care in 2021²



Mental illness is costly, and investing in treatment drives ROI



per year in average medical claims from a person with depression (\$14,967) vs. the total population¹ higher health care spend on people with depression and 1 co-occurring physical condition vs depression alone²

ROI in economic gains alone for each dollar spent treating anxiety and depression³

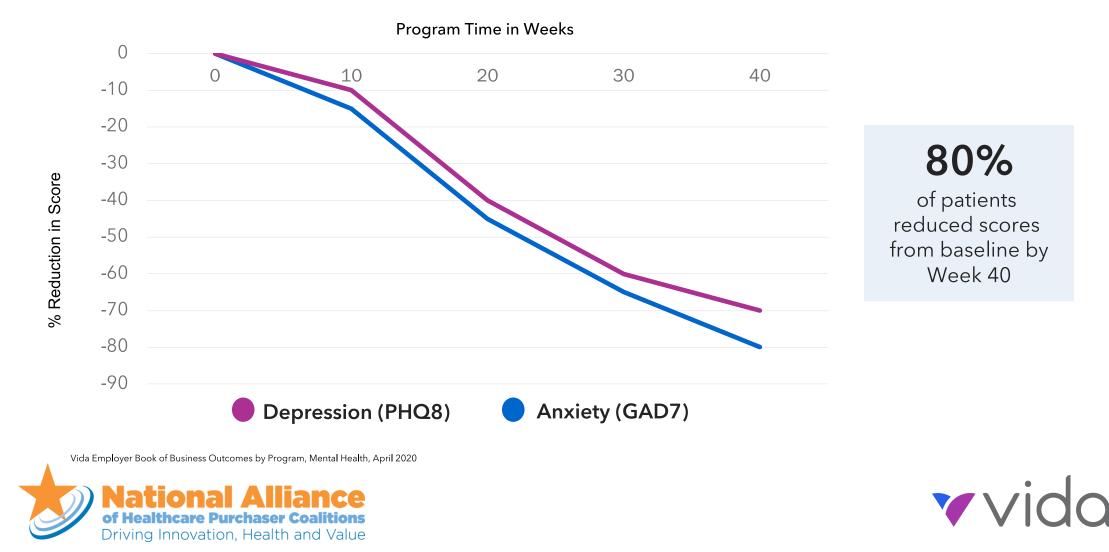
1. "Anxiety is expensive: Employee mental health costs rise twice as fast as all other medical expenses." CNBC, Sept 2018.

"Prevalence and Spending Associated with Patients Who Have A Behavioral Health Disorder and Other Conditions." Health Affairs, 36(1), 2017
"Scaling-up treatment of depression and anxiety: a global return on investment analysis." The Lancet Psychiatry, May 2016





Depression and Anxiety scores decline steadily over time across Vida's book of business



Vida's polychronic platform covers 1.9M lives and counting







Whole health, whole person, whole population





GRAIL

A Revolution in Early Cancer Detection

> National Alliance of Healthcare Purchaser Coalitions

November 2020

CONFIDENTIAL & PROPRIETARY

$\exists \exists \exists$ Being diagnosed with cancer is hard on the patient & family

Can you imagine what it is like to hear those words...? As a mother, **I was in shock**, and I couldn't stay calm

> Diagnosed with Leukemia¹

I was at the top of the world and **about to fall off the biggest mountain** and I had no idea....

- Diagnosed with Testicular Cancer¹ Your soul gets instantly sucked out of you. Your heart stops, and **all the sights and sounds around you dull out**, like you just put a blur filter on life. **A million thoughts pummel your head: 'What do I do now? How much time do I have to live?**

Diagnosed with Melanoma¹

Most people need time to adjust to the fact they have cancer. It is common to feel disbelief, fear, and anger or to be in shock..... American Cancer Society: After Diagnosis: A Guide for Patient & Families²

Source(s): ¹ Stories of Hope from ACS <u>https://www.cancer.org/latest-news/stories-of-hope.html</u>, ²"After Diagnosis: A Guide for Patients & Families" (<u>https://www.cancer.org/treatment/understanding-your-diagnosis.html</u>)

The Staggering Human and Economic Toll From Cancer

UNITED STATES ESTIMATES

8.7M

Years of lost life¹

One of the leading causes of death in the US² with more than 600,000 deaths expected in 2020;³ \$94.4B in lost earnings associated with cancer mortality

\$207B

Annual cost of cancer⁴

Total estimated US direct healthcare costs in 2020

\$1.3T

Economic burden^{1,5}

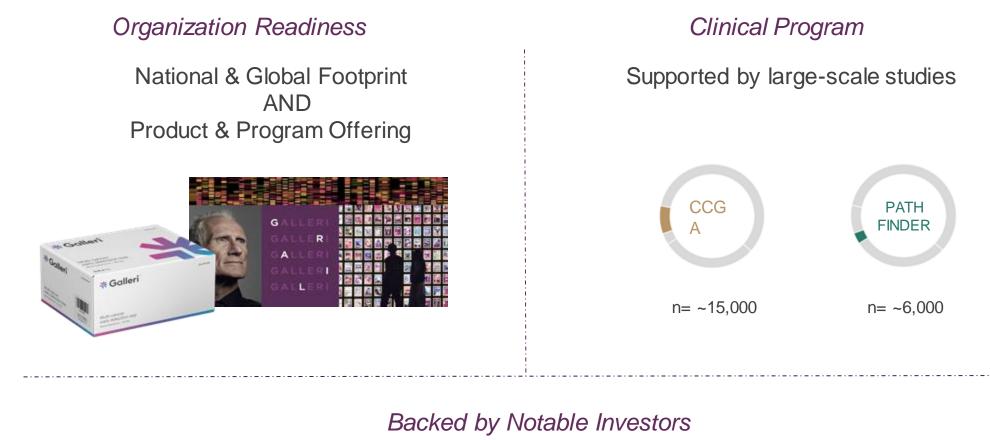
The majority is due to cancers without recommended screening programs "Preventing cancer in the first place or detecting it early is the best way to reduce many costs associated with cancer treatment patient out-of-pocket costs, health care payer costs, and indirect costs."

- AMERICAN CANCER SOCIETY CANCER ACTION NETWORK⁵

US, United States

¹Islami F, et al. JAMA Oncol. 2019;5:e191460. ²https://www.cdc.gov/nchs/fastats/leading-causes-of-death.htm³https://seer.cancer.gov/statfacts/html/all.html. ³https://costprojections.cancer.gov/expenditures.html. ⁴Based on w illingness to pay of \$150,000. ⁵American Cancer Society Cancer Action Netw ork, "The Costs of Cancer: Addressing Patient Costs"

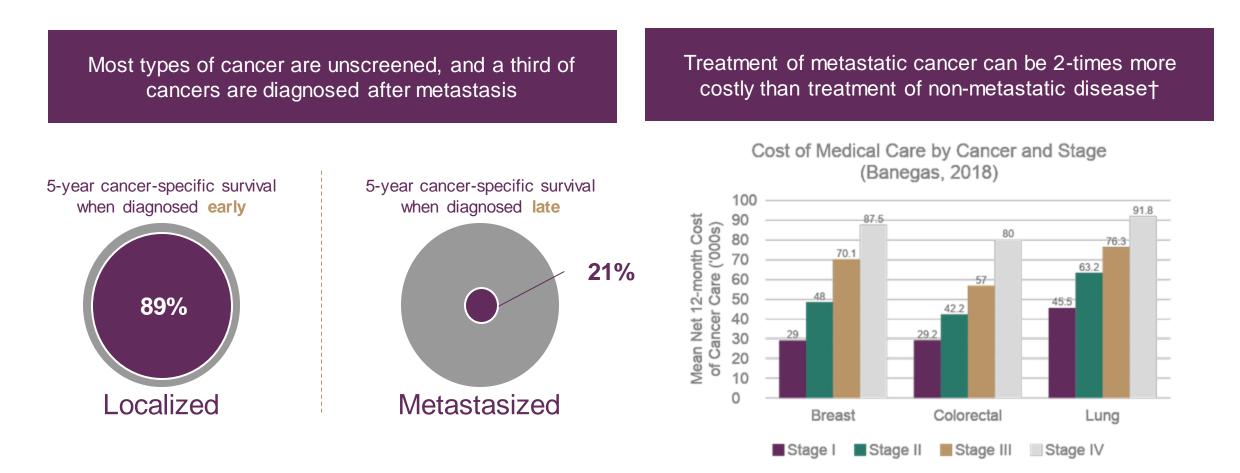
$\exists \exists \exists GRAIL's ready to take on the world's biggest challenges$







E∃∃ Most cancers are diagnosed when it is too late, with poor outcomes and high costs



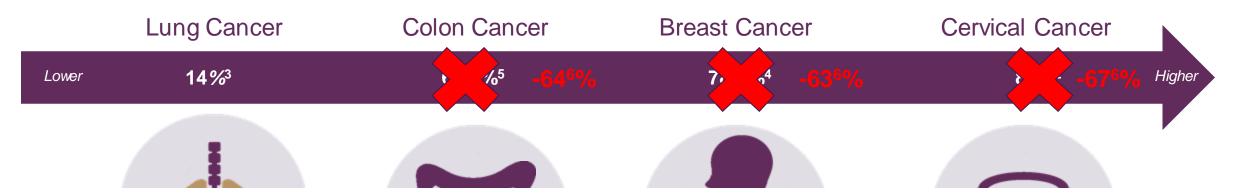
⁺ Based on stage IV and stage II breast, colorectal, and lung cancer and metastatic / non-metastatic pancreatic cancer

PPPM, per patient per month

GRA

26

According to the national average, we don't see a perfect adherence to cancer screening¹



"Norman 'Ned' Sharpless, director of the National Cancer Institute, said new estimates by the institute show there will be **10,000 more breast and colorectal cancer deaths over the next decade than would have been expected without the coronavirus.**"⁷

Adults 55-80*	Adults 50-75	Women 50-74	Women 21-65
Low-dose computed	Fecal occult blood	Mammography	Pap smear or cytology +
tomography (LDCT)	testing, sigmoidoscopy,		HPV
	stool DNA, or		
ulation and modality based on USPSTF	- colonoscopy in adults recommendations. ⁴ Kim, et al. JAMA. 2018	3;320(7):706-714. ³ Pinsky et al Ann I	ntern Med. 2015 April 7; 162(7): 485–491*Currently
e or quit within the past 15 years with 3	30 pack/year smoking history, ⁴ USPSTF. 201	6. Lehman, et al. Radiology. 2017;28	33(1):49-58. ⁵ USPSTF. 2017. United States Food and
Administration Premarket Approval P1	30017. Accessed March 26, 2019. Cologuar	d Test. Available from www.cologua	dtest.com/hcp/crc-screening-redefined. Accessed
1 26, 2019 ⁶ https://ehrn.org/delayed-cancer-sc	reenings-a-second-look/ 7https://www.washingtonpost.com/h	health/2020/06/18/nations-cancer-chief-warns-dela	ays-cancer-care-are-likely-result-thousands-extra-deaths-coming-years



¹ Pop smok Drug March

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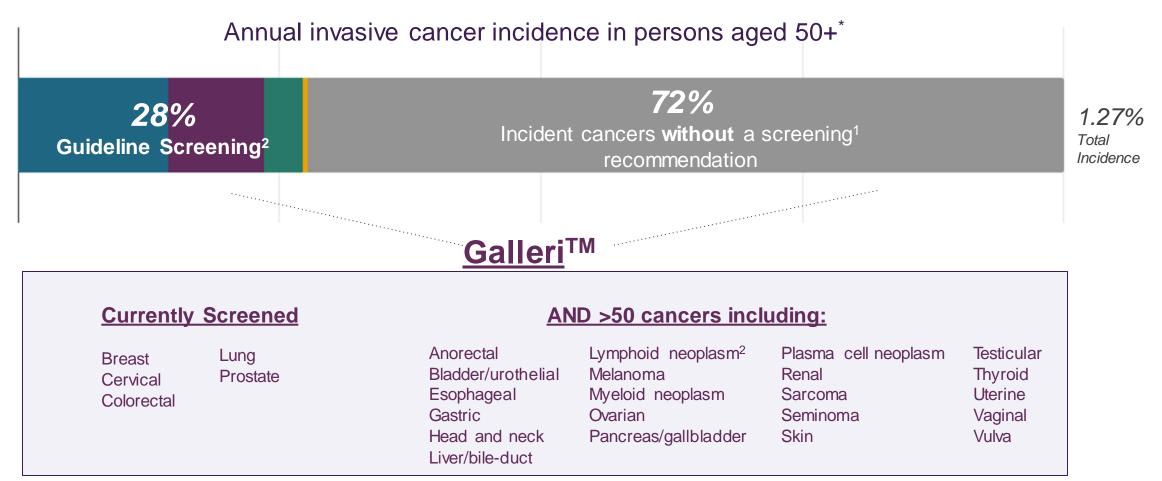
Galleri[™] will launch as the first Multi-Cancer Early Detection Test in the 2021



Single blood draw

Designed to detect many lethal cancers, including unscreened types and intended to complement guidelinerecommended screening If cancer signal is detected, **predict tissue of origin** to direct diagnostic work-up, at a high specificity, minimizing unnecessary workups

Galleri[™] can detect a large proportion of incident cancers supported and not supported by guideline screening



*Calculated using rates per 100,000 person years in a population with same age/sex distribution as outlined by SEER182011-15

1. Screening includes methods with USPSTF A or B rating.2. Breast, Colon and Rectum, Lung & Bronchus, and Cervix Uteri 3. Pinsky J Med Screen 2012 19(3): 154-6: 27% of lung cancers in US among NLST eligible population. Source: SEER*Stat Database: Incidence - SEER 18 Regs Research Data, Nov 2017 Sub. Includes persons CONFIDENTIAL & PROPRIETARY



Demonstrated in CCGA Sub-study 2 validation



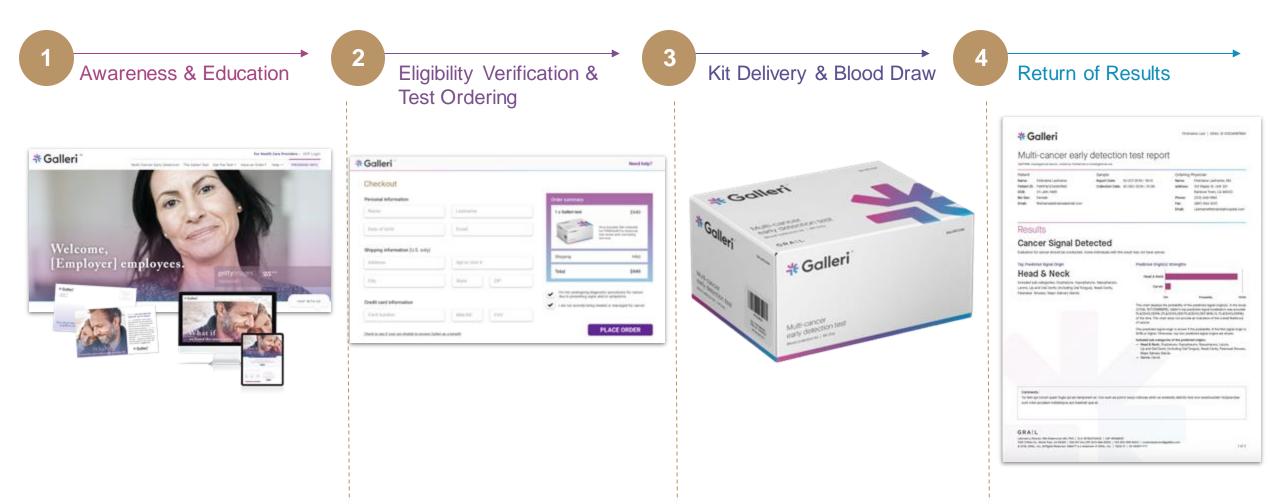
DISCLAIMER: Currently, this technology and product are investigational and their safety and effectiveness have not y CCGA, Circulating Cell-free Genome Atlas.

Liu MC, et al. Ann Oncol. 2020;31(6):745-759. DOI: 10.1016/j.annonc.2020.02.011.

¹Based on tissue of origin class assigned in 96% of cases where cancer was detected.

²Lymphoid neoplasm includes lymphoma and leukemia. Leukemia includes chronic lymphocytic leukemia and hairy cell leukemia.

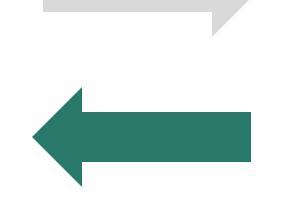
GRAIL will provide a supportive test experience



By offering Galleri[™], we expect to see.....

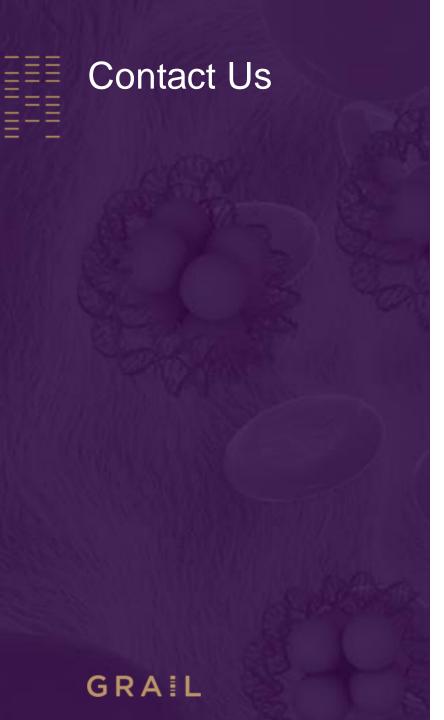
Employee Impact

- Provide hope in cancer control & care with Galleri[™]
- Detect cancer early and help to improve overall quality of life for the employee & his/her family
- Help reinforce cancer screening with an introduction of a minimally-invasive blood test



Organizational Impact

- Set the bar for an innovative employee health & well-being benefit with early cancer detection
- Demonstrate commitment in employee proactive health care being an early adopter
- Help improve overall health outcomes for employees



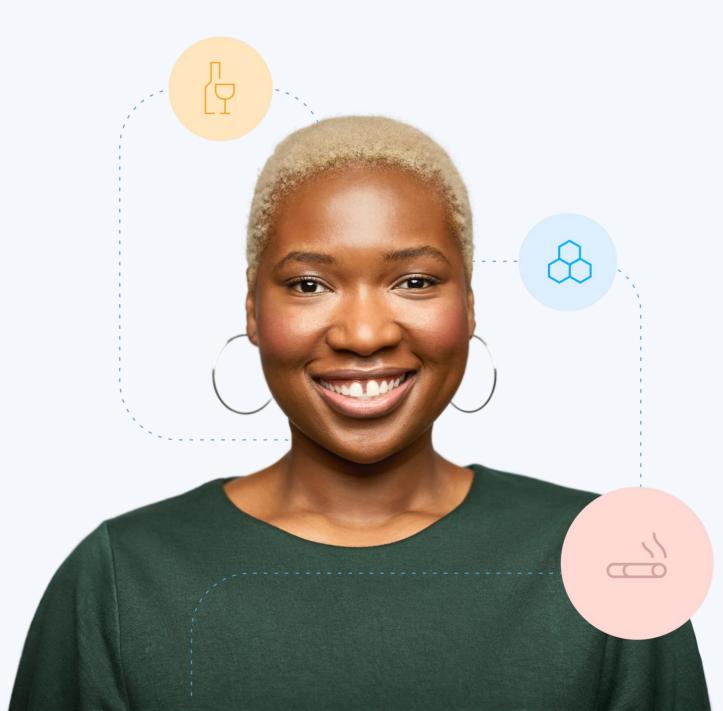
Carolyn Chew, Employer Partnerships

310-948-7907 (cell) <u>cchew@grailbio.com</u> (email) <u>www.grail.com</u> (corporate website)





Empowering people to live addiction free



Yusuf Sherwani, MD, Co-Founder and CEO

Quit Genius

Helping 100 Million People Quit Addictions

Quit Genius is the World's First Digital Clinic

for Multiple Substance Addictions

designed to empower your employees and

help them quit their addictions.











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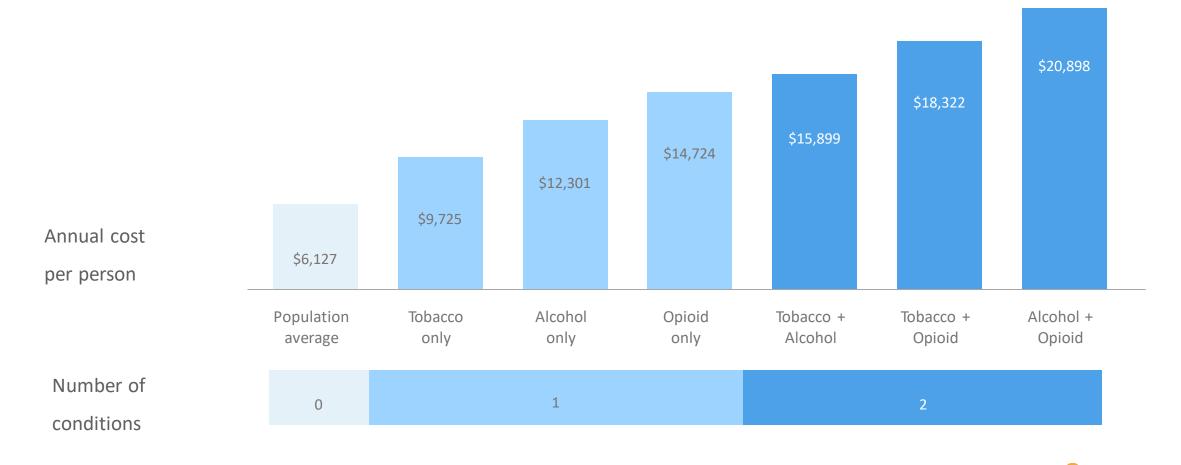
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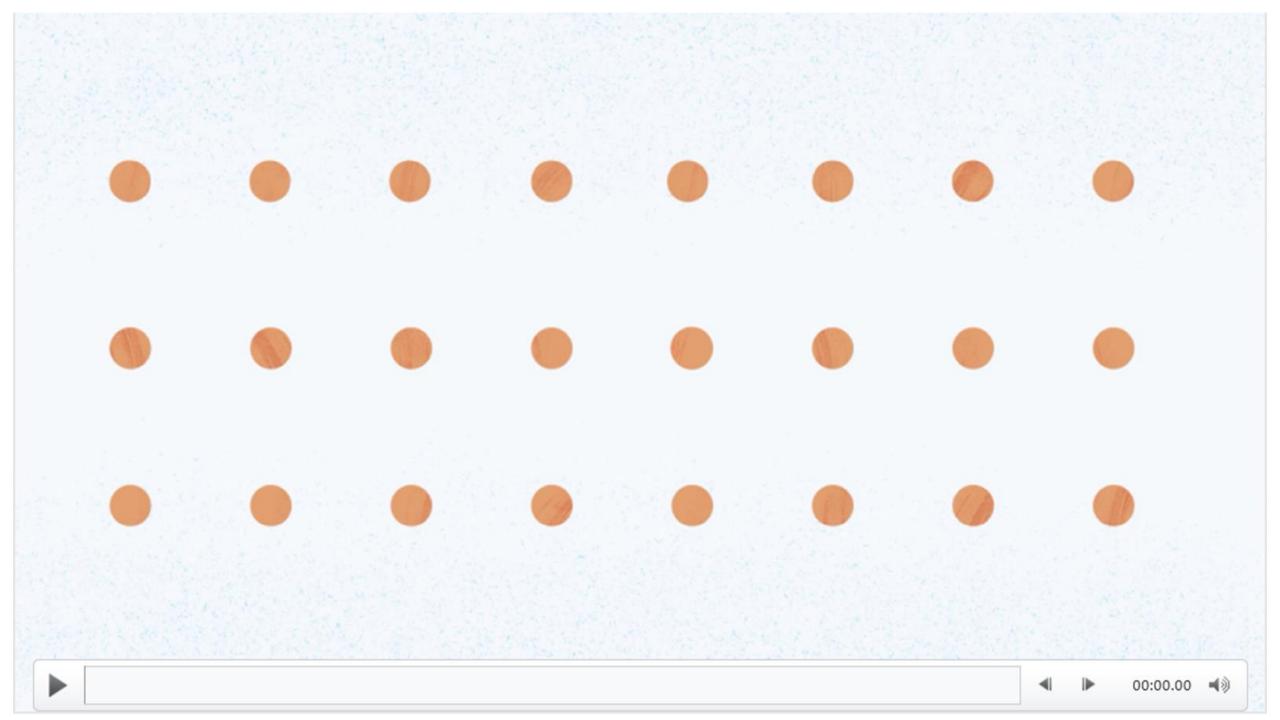
60,000 quitters and counting...

Husqvarna[®] **Hewlett Packard** Enterprise NHS oscar Vige fulse Chegg CORNING YOKOHAMA **SEQUOIA** care

Addictions Drive Medical Spend







Traditional approaches don't work or are too expensive



Danielle

- 45 year old female
- Remote employee; lives in Pittsburgh PA
- Single mother
- Heavy drinker + smoker
- Has mild anxiety/depression



EAP

- Poor Awareness
- Less than 3% Utilization
- Confusing
- Accessibility challenges

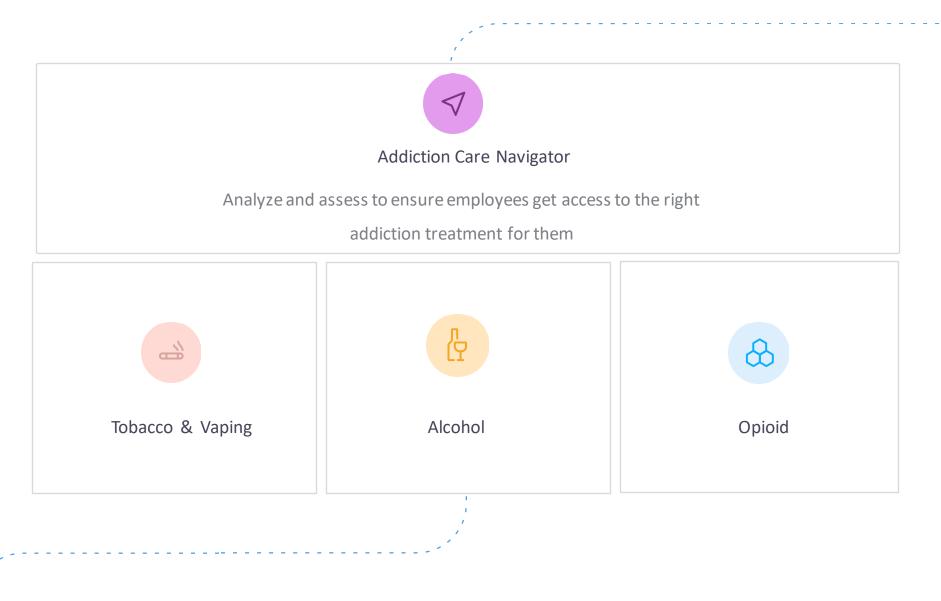
Outpatient Treatment

- Difficult to access
- Poor utilization
- Limited follow-up
- \$5,000-\$10,000 for 90 days

Inpatient Treatment

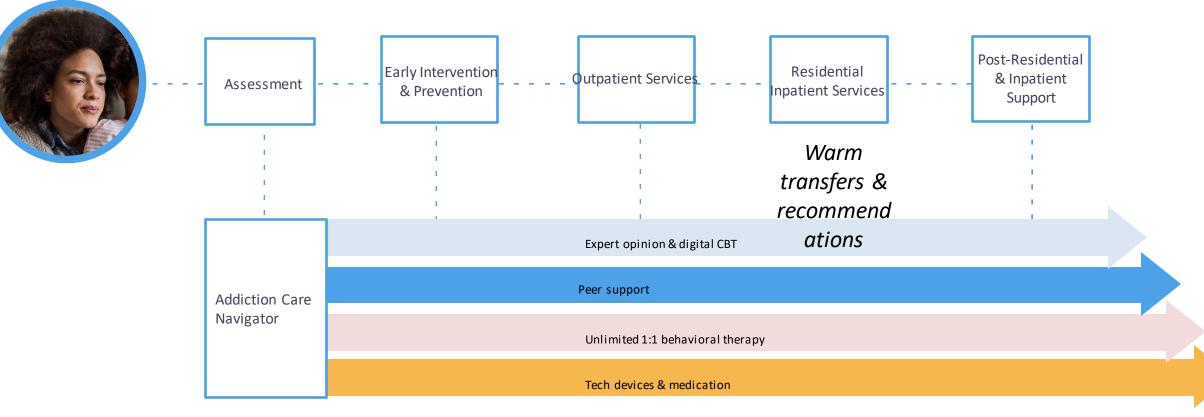
- Out of Network
- Co-pay
- Variable outcomes
- \$20,000-\$60,000 for 90 days

The Quit Genius Digital Clinic



Care navigation across the continuum of addiction care

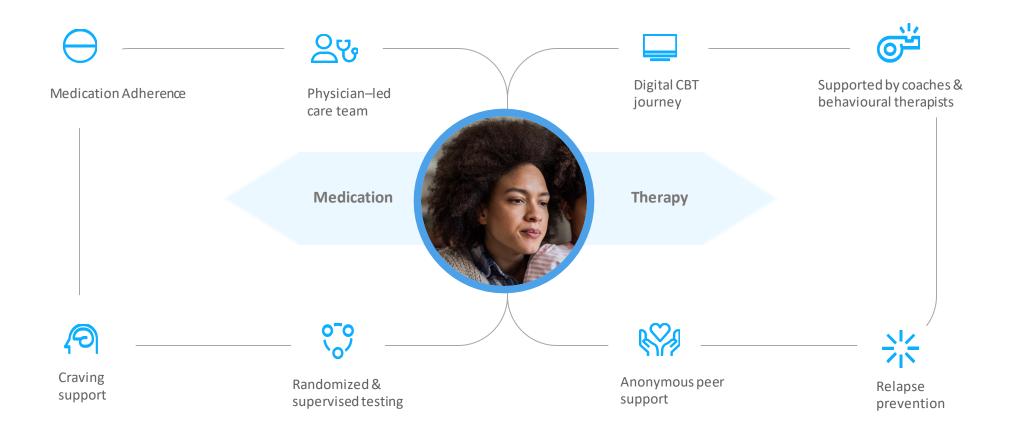
Quit Genius provides engaging polysubstance addiction care delivered digitally whether it's preventing risky behaviors, facilitating outpatient services, or supporting post-rehabilitation efforts.



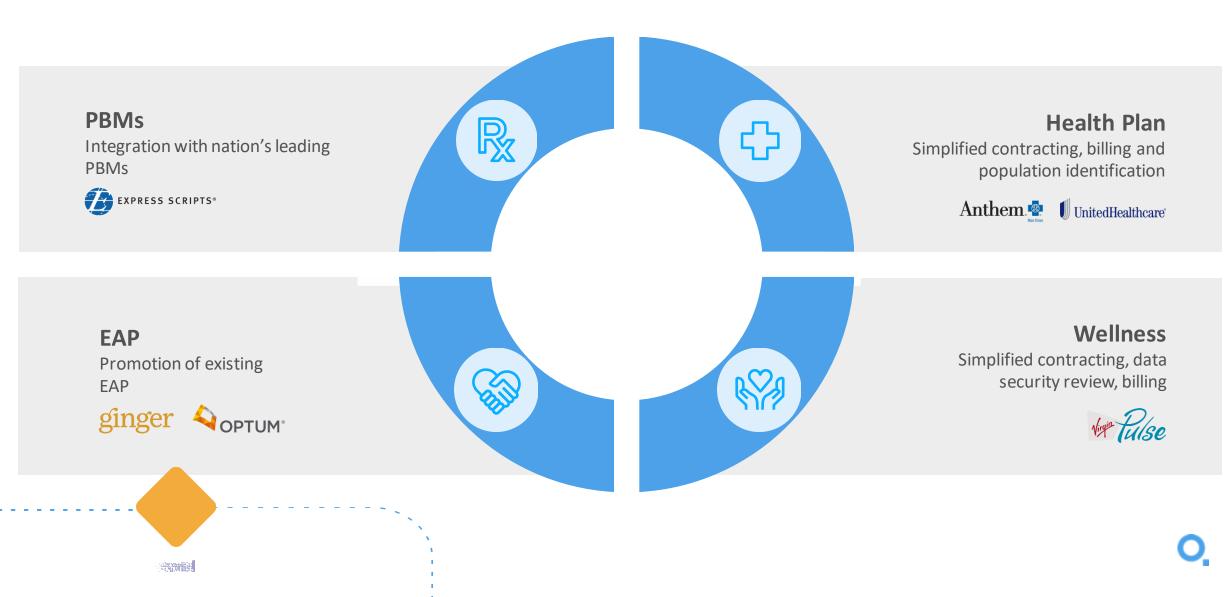
Available treatment options

The Quit Genius Approach

Quit Genius helps employees with substance addiction access evidence-based care wherever they are.



We make it easy.



Clinical outcomes

Quit Genius puts up to 50% of fees at risk with clinically meaningful performance guarantees.

Sources: [1] J. Webb, S. Peerbux, P. Smittenaar, S. Siddiqui, Y. Sherwani, M. Ahmed, H. MacRae, H. Puri, S. Bhalla and A. Majeed, "A Randomized Controlled Trial of a Digital Therapeutic Intervention for Smoking Cessation.", 2020.

Quit Genius' Validated Results in a Randomized Controlled Trial.

52%

CO verified quit rates at 4 weeks vs 5% quit rate via telephone coaching support

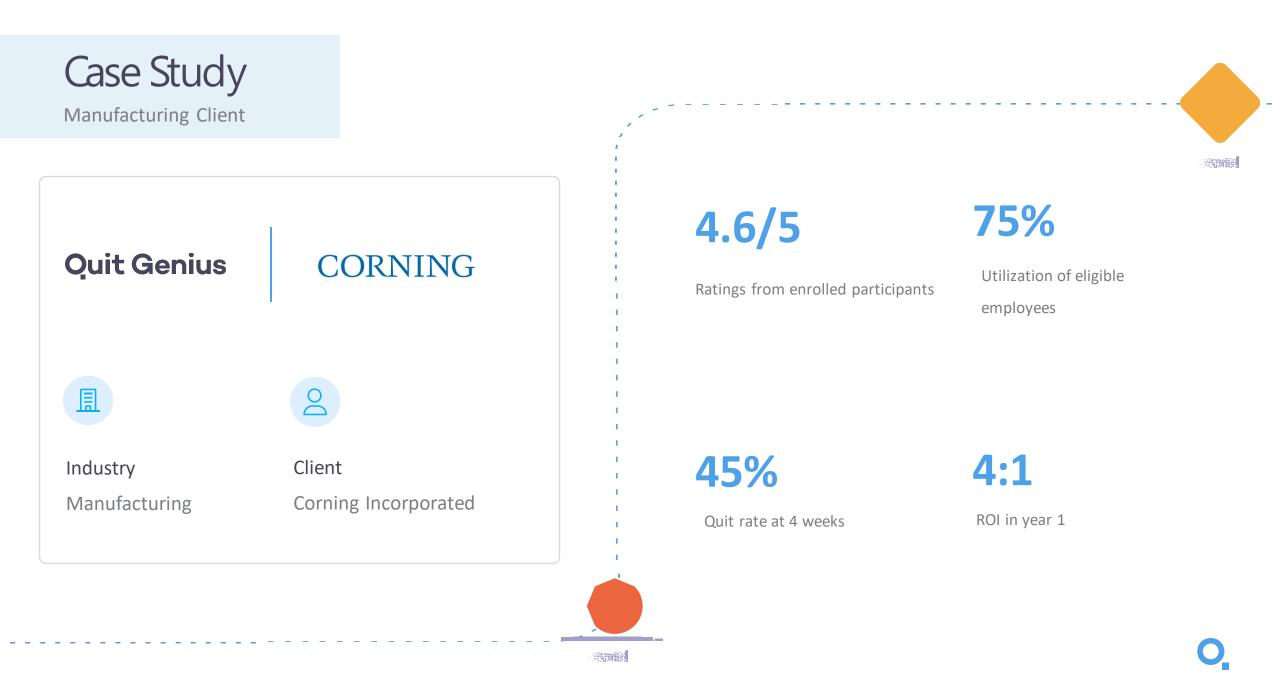
MAT Results in Peer Reviewed Published studies.

73%

Abstinent or drinking below a safe limit at 3 months

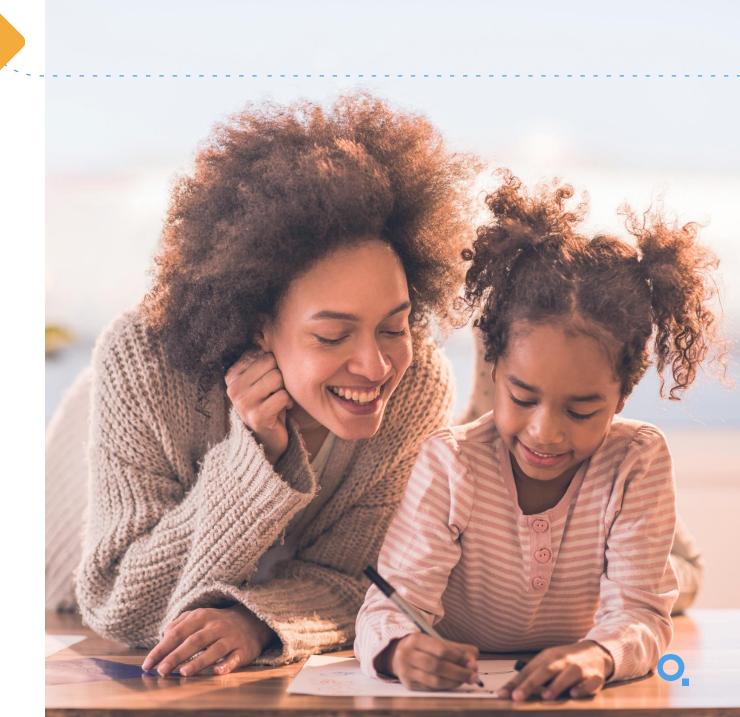
51%

Negative drug testing at 6 months for opioids



We will help 100 million people quit addictions

Yusuf Sherwani, MD, Co-Founder and CEO yusuf@quitgenius.com





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