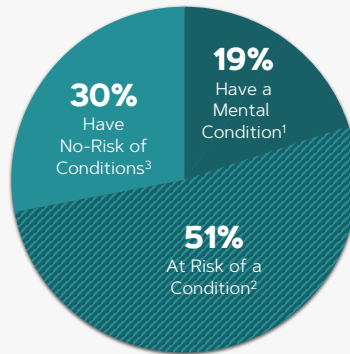


Mental Health & Brain Performance

Self Monitoring & Self-Care Platform



We are in the midst of a mental health crisis, and **70% of US workers'** brain capacity is impaired at various degrees⁴



Our Solution:

Total Brain leverages digital neuroscience to help employees:



Self-monitor the performance of all twelve brain capacities and the risk of 7 common mental conditions



Validate their risk and get real-time referrals to a customizable set of professional care resources when needed



Self-care to gain "in the moment" stress relief and improve longer-term mental health and brain performance

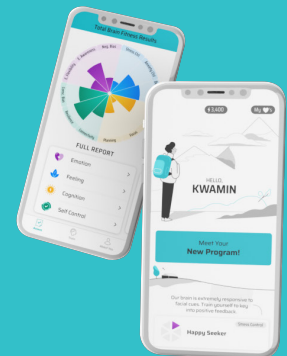
Why Total Brain Works:

- **It's a modern, digital mobile and web app** based on 20 years of scientific research and powered by the world's largest standardized neuroscientific database, which has more than 1M data sets.
- **Personalized self-care programs use objective brain data** to recommend a broad breadth of tools that span Cognitive Psychology, Positive Psychology, Cognitive Neuroscience, Mindfulness and Heart Rate Variability (HRV).
- **Employees see progress and tangible benefits** of improved mental health and brain capacity after a short time using the app.

Learn More:

Find out how Total Brain can help you improve mental healthcare access, lower costs and increase productivity. Visit: totalbrain.com/learnmore.

1. 19% of adults have a mental condition (Source: Mental Health America <https://www.mhanational.org/issues/mental-health-america-prevalence-data>)
2. 51% of adults are currently at risk of a condition (Source: Calculated as follows: 70% [have or at risk - from Book of Business data March-August 2020] - 19% [have - from Mental Health America]) = 51% at risk)
3. 30% of adults have no risk of mental conditions (Source: Internal Book of Business data March - August 2020 for users completing an assessment but NOT screening for a mental condition.)
4. 70% of adults either have, or are at risk of, a mental condition (Source: Internal Book of Business data March - August 2020 for users completing an assessment and screening for 1 or more mental conditions.)
5&6. Based on Healthcare IT Customer Annual Report 2019, Program Impact & Key Findings
7. 14% of users eliminated in-the-moment fight-flight response by using resonant breathing tool (Source: 2018/2019 blended average internal book of business data; % of users who used My Calm Beat exercise at least once; N = 19,767)



Proven Results

Example of Total Brain Corporate Success



75% of eligible employees get assessed and referred to professional help when needed⁵



93% of users found Total Brain effective in improving their brain health⁶



14% of users eliminated in-the-moment stress response by using resonant breathing tool⁷