

2023 Leadership Summits

Nashville, TN

Breaking Barriers to Meet People Where They Are
Wednesday, June 28 | 4:15 - 5:00 PM



Denise Giambalvo,
Washington Health Alliance



Marsha Green-Jones,
City of Philadelphia



JaBaris Swain, MD,
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Jennifer Stroh,
City of Colorado Springs

#NASummits

This panel discussion is sponsored by Johnson & Johnson and Novo Nordisk



National Alliance
of Healthcare Purchaser Coalitions
Driving Health, Equity and Value

Action Brief

Fighting Stigma: Confronting Barriers for Behavioral Health Care in the LGBTQ+ community



Problem

Amid ever increasing stress in daily life that has impacted mental health, access to appropriate behavioral health care for the LGBTQ+ community is a persistent concern across the country and here in Washington state. For a majority of those in this community, fear of stigma or discrimination in clinical settings remains a constant barrier for access to crucial behavioral health care.



In Washington state, a recent survey shows stark health care access disparities for the LGBTQ+ community. According to recent figures, Washington state's LGBTQ+ population is estimated at 5.2% and represents about 6% of the workforce (226,000 workers), a vast majority of whom have health insurance coverage.

While appropriate access to health care, on the whole, remains a challenge, research shows the problem is most acutely seen in behavioral health settings and the consequences are profound.

Despite high rates of insurance coverage in the LGBTQ+ community in Washington, roughly 80% reported putting off care, and 63% delayed seeking care when ill, according to the Washington State LGBTQ+ Equity and Health Report 2020. The majority of respondents, 51%, said they delayed care because of distrust of doctors.¹

These barriers to access have left mental and behavioral health concerns undiagnosed and untreated. In the last year, 45% of the LGBTQ+ youth ages 13 to 24 seriously considered attempting suicide.² For transgender and non-binary youth, the figure was closer to 50%, a recent national study from the Trevor Project shows.

80% LGBTQ+ residents reported putting off care.

63% LGBTQ+ residents delayed care while ill.

Despite the barriers, the desire for comprehensive care remains substantial. Of the 32,000 LGBTQ+ youth surveyed in 2022, 60% of who wanted mental health care were unable to get it in the past year.²

Among the many reasons why LGBTQ+ youth were unable to access care, 29% cited a fear of being outed as a reason they were not able to get necessary care. About 26% of the youth cited a fear of their identity being misunderstood as a barrier for care.²



A WASHINGTON HEALTH ALLIANCE
Diversity, Equity, &
Inclusion Initiative

We will consistently act in the collective best interest on purchasers and coalition members while being candid, transparent and, at times, disruptive in our efforts to improve health and healthcare across America

- Approximately across the U.S., serving nearly every major metropolitan area and multiple primarily rural states
 - Driving innovation, health and value for organizations and communities across the country
 - To be a recognized force in leading constructive and collaborative change that enables higher value in the healthcare marketplace
- The City of Philadelphia is a cultural and diversity hub employing more than 30,000 employees: 40% Black, 34% Non-Hispanic White, 15% Hispanic/Latin/x, 8% Asian, 3% other.
- It is uniquely different than most cities due to a residency requirement.
- The DE&I lenses applied via EO 1-21 for all City Contracts
- Health Equity focus upon, community, safety, financial, physical and personal wellbeing.
- Accomplished through : Communication, Employee engagement, Education, Vendor collaboration, Vision and Mission statement.

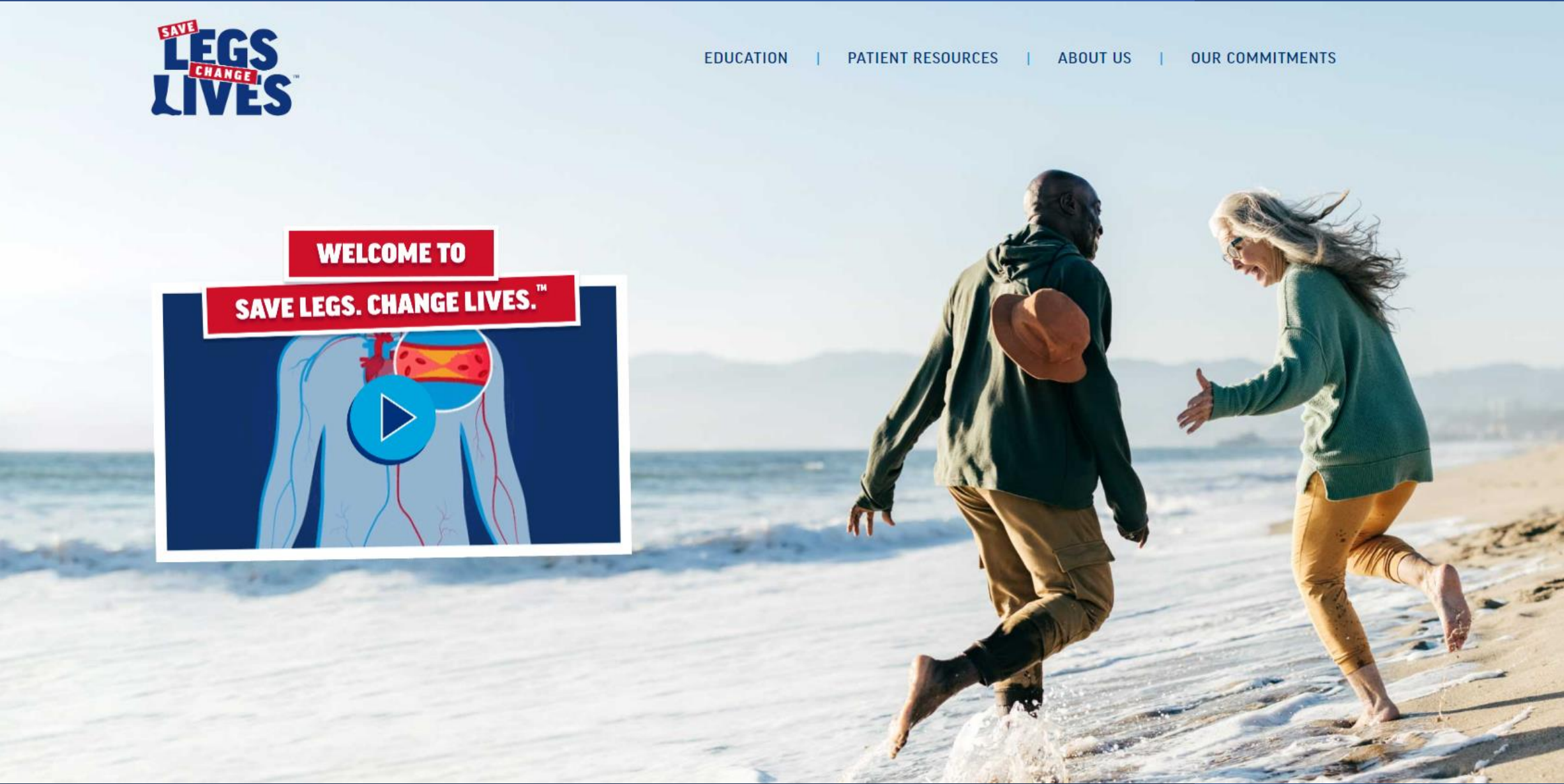
Our Race to Health Equity

Our Race to Health Equity (ORTHE) was launched with the bold ambition that together, we can create a world where the color of your skin is not a determinant of your access to care, quality of care or health outcomes. In alignment with Our Credo, commitment to Diversity, Equity, and Inclusion, and legacy of taking on the toughest health challenges, we are turning a moment into a movement to rebuild healthcare from a diverse perspective by supporting solutions that systemically address racial health equity.



[EDUCATION](#) | [PATIENT RESOURCES](#) | [ABOUT US](#) | [OUR COMMITMENTS](#)

WELCOME TO
SAVE LEGS. CHANGE LIVES.™

An anatomical diagram of a human leg showing the circulatory system. A blue play button is overlaid on the diagram, indicating a video player.

A photograph of a male doctor with a grey beard and glasses, wearing a blue turban and a white lab coat with a stethoscope. He is standing in a hospital hallway and talking to a woman with dark curly hair wearing a teal top. The background shows a typical hospital corridor with doors and a framed picture on the wall.

Johnson & Johnson Presents My Health Can't Wait

Your health is vital — for you, your family, friends and all the people who care about you. But, we know prioritizing it can be hard. **My Health Can't Wait** is here with information, resources and sponsored community wellness events in your area to help you take charge of your health.

[See Upcoming Events](#)

Obesity Management

COMPREHENSIVE APPROACH TO CARE AND SUPPORTING THE EMPLOYEE'S JOURNEY

- Benefit Coverage – Surgery, Rx, Dietician, Behavioral Health
- Support Programs – Chronic Health Management Programs & Sleep Program
- Employee Medical Clinic – Weight Management Program
- Wellness Program – Life, Body & Mind
 - Biometric Screenings
 - Health Coaching
 - Worksite Challenges
 - Health Breaks and Education Events
 - Financial Education/Tools
 - Mental Health Resources/Tools *And More.....*
- Additional Resources
 - Cooking Classes
 - Personal Training/Gym Discounts
 - HEAL Program Recognition

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